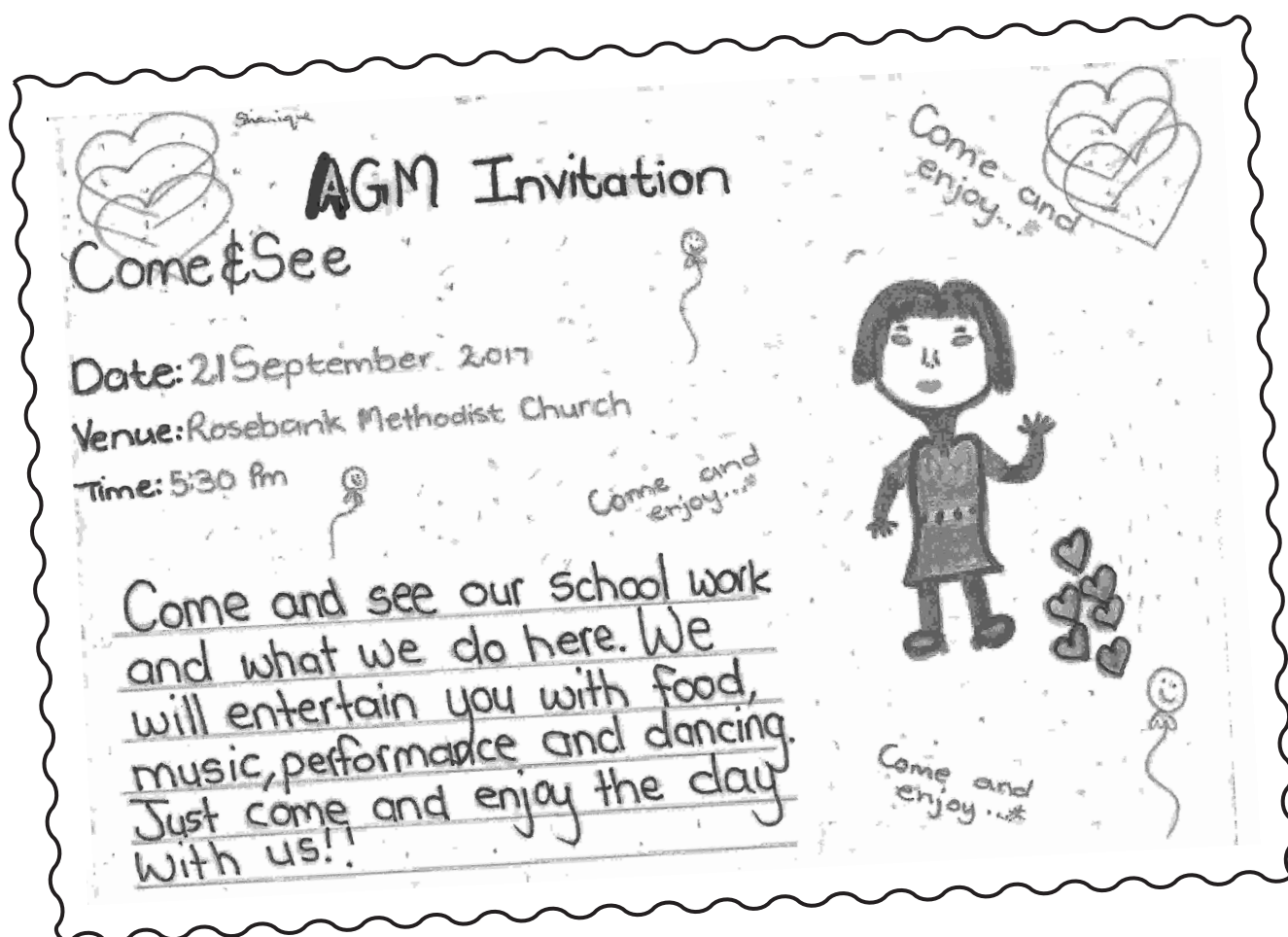




# Ons Plek Projects

*providing hope instead of street life*

## 2017 Annual Report



### 2017 Annual General Meeting

**DATE:** THURSDAY 21<sup>st</sup> SEPTEMBER 2017  
**VENUE:** ROSEBANK METHODIST CHURCH HALL  
**TIME:** 17:00 for 17:30  
**RSVP:** Tel 021 685-4052/49 or Fax 021 685-3128



## *Our children want YOU at our AGM*

Ons Plek children want YOU at our Annual General Meeting. So do the staff! But for the children it is more than an AGM. Remember parents' days at school? And concerts, sports days, etc. Where every child wanted a parent to "see" them perform. Our children prepare for this day. And their parents are seldom there.

Be a parent for 10 minutes to our children when they present in singing or dancing. But especially when each one is paired off with an AGM attendee for 10 minutes to show their favourite school work person to person.

*And our AGMs are full of life and fun!*

Pam Jackson  
*Director*



## ■■■■■■■ Our details ■■■■■■■

We invite you to visit all our Projects, meet the staff members and the children

**DIRECTOR:** PAM JACKSON  
**DEPUTY DIRECTOR:** REGINA JAGERS

**ONS PLEK:**  
Assessment centre, intake shelter and offices  
7 Malleson Road, Mowbray, Cape Town 7705  
P O Box 12924, Mowbray, Cape Town 7700  
Tel: 021 685-4052/49 \* Fax: 021 685-3128  
Email: [onsplek@onsplek.org.za](mailto:onsplek@onsplek.org.za)  
Website: [www.onsplek.org.za](http://www.onsplek.org.za)  
NPO No. 009-578 \* PBO No. 930-001-457

**SIVIWE:**  
Second-stage shelter  
7 York Road, Woodstock 7925.  
Tel: 021 448-6529

### **OUR COMMUNITY DEVELOPMENT PROGRAMS:**

**UKONDLA 1:**  
City Council Community Hall, Browns Farm,  
Philippi, Cape Town 7750

**UKONDLA 2 and 3:**  
Premises of Sizakuyenza Safe House,  
cnr Eisleben and Phumelele Roads, Philippi,  
Cape Town 7750

## **NOMINATIONS for the MANAGEMENT COMMITTEE of Ons Plek Projects**

Nominations for election to the Management Committee must be received at our office by **4th September 2017 at 17h00.**

Nominations must be in writing and must have been seconded. Your nomination form is on the back page. If you are in need of more nomination forms, they are available from **Yolande** and **Nicolette** at our office. **ONLY MEMBERS of Ons Plek Projects** are entitled to nominate and second persons for election.

*(Keep turning the pages for the Member's List!)*

**We thank the following current Committee Members who are willing to stand for re-election:**

- |                         |                      |
|-------------------------|----------------------|
| * Roland Hudson-Bennett | * Christiana Nel     |
| * Allerease Olanrewaju  | * Monica Pike        |
| * Leslie Witz           | * Hannes Norval      |
| * Greg Becker           | * Ruteno Dumbutshena |



# Annual Report

**Lee-Anne Dolley**, the Unit Manager of Ons Plek Stabilisation Treatment Program and Social Worker, writes this section on behalf of the Director.



Ons Plek

## ARRIVAL AT ONS PLEK

Yoliswa arrives at Ons Plek with her External Social Worker after being at court. She is welcomed and shown around the house by another girl. Our expectations and programs are discussed with her and the External Social Worker. Later the rules and consequences are read out and discussed. And so the stabilization process begins....

**Comment:** Last year 66 girls were accommodated at Ons Plek, one of whom was a baby.



## LIFE SKILLS PROGRAM

Yoliswa is part of a cooking and cleaning rota in the house which gives each one a chance to cook breakfasts, lunches and suppers. This is usually in pairs or in threes. She also goes shopping with a Child Care Worker on a Friday, learning how to make a shopping list, compare prices and shop within a budget. On the weekend Yoliswa takes responsibility to wash her clothing.



One of the girls baking

## BRIDGING SCHOOL

Yoliswa hasn't been in school for more than a year. No previous education reports are available so she goes into our Bridging School Program to allow time to settle and assess her ability, commitment and readiness for mainstream school. The qualified teacher focuses on Maths, English and life skills but also observes and assesses Yoliswa.

**Comment:** Last year 38 girls were part of the Bridging School program. These girls could not always be placed back into mainstream school due to their behaviour, age or ability. The lack of school placements in the area posed a challenge as well.



## COUNSELLING

Yoliswa receives weekly counselling by the Social Worker at Ons Plek. This is a slow process which starts to look at her history, her story, issues that arise, and also the way forward. Counselling also utilizes the creation of a Life Story book to build a sense of roots, belonging and to access memories.



## PANEL MEETINGS

Yoliswa takes part in her panel meetings which take place with staff of Ons Plek and her External Social Worker. This is to discuss her progress and to start planning the way forward.



Panel meeting — girl and her family not in picture for protection reasons

## HOME VISITS

After several weeks of investigating into the background, the Child Care Worker discover there is an Aunt who lives in Philippi. Yoliswa starts by making telephone contact with the family to start rebuilding a relationship. After several weeks of telephone contact Yoliswa and the Child Care Worker visit the family home. The Child Care Worker does a full background discussion and assessment of the current situation. The family are happy to have Yoliswa visit the home. And so regular family weekend visits begin...

**Comment:** The CCWs complete all home visits to parents or extended family to assess the environment before a decision is made about a child visiting their family. The CCW also follow up with parenting skills/counselling during these visits and offer support to the families while the child is visiting.



## BACK TO SCHOOL

Yoliswa settles into the routine at Ons Plek. She works hard in Bridging School and shows commitment and willingness to be reintegrated back into main stream school. After a year out of school Yoliswa returns to formal school.

**Comment:** Last year 27 girls returned back to mainstream schooling.



## MOVE TO SIVIWE

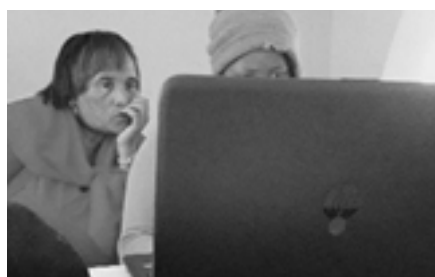
Yoliswa is at this stage fully settled and her behavior stabilised. She is trusted to go to school independently. Her anger has reduced and she no longer makes bad choices in the house. She shows



commitment to complete school and using her counselling sessions well. As a team at Ons Plek we decide to move her over to the second stage house, Siviwe, where she will continue with the program.



Siviwe



Homework — Child Care Worker, Christine, with one of the girls

## HOLIDAY PROGRAM

Yoliswa loves school and doing well in her education. During the school holidays she attends our holiday program.

**Comment:** The holiday programme is arranged by a qualified teacher with the support of Interns and volunteers to help carry out activities. This is a fun program — allowing the girls opportunities for outings, games and fun group work activities.



Fun at our holiday program

## REHABILITATION

Yoliswa has been visiting her family regularly. Weekend visits became holiday visits. After discussions in Panel meetings the professional network, family and Yoliswa are happy to have her move in with them.

**Comment:** 16 Children were rehabilitated to their families last year after successful treatment and intervention at Ons Plek.



## COMMUNITY SUPPORT

(Ukondla)

Yoliswa moves to her Aunt and Uncle in Philippi where she continues to attend school. She receives support from the Community Project, Ukondla, where experienced community workers support her with counselling and homework to help keep her in school. The community workers can also offer parenting skills if problems are to arise in the family.

**Comment:** Last year Ukondla supported 73 children in the Philippi area. Helping to keep them in school, offering counselling to children and families as well as parenting skills advice. Holiday programs and after school support. As a result, they had 100% pass rate with the children they support.



Lifeskills workshop at Ukondla



Ukondla classroom — We take boys at Ukondla and we don't have to hide the children's faces as they are not in care



Classroom at Ukondla

## Keeping track of your donation

If you are depositing money straight into Ons Plek Projects' bank account, please enter your surname AND initials, or your company's name, or Anonymous (if you prefer) in the REFERENCE BLOCKS on the DEPOSIT SLIP.

This information then appears on the bank statement and identifies who we need to receipt and thank for the donation.

### OUR BANKING DETAILS:

**Bank:**

FIRST NATIONAL BANK

**Account No:**

620-529-16908

**Branch:**

WOODSTOCK

**Branch Code:**

255005

**In name of:**

ONS PLEK PROJECTS

**Swift Code:** FIRNZAJJ

Monies being deposited from overseas (telegraphic transfer) must please reflect the swift code.

### PLEASE NOTE:

First National Bank has advised that cheques **will not be accepted** if the full name i.e. 'Ons Plek Projects' is not reflected on the cheque ... and we would be so sorry to have to return any cheques!

## HAVE YOU MOVED?

Please advise us of your change of address if you have moved home or office ... it's so disappointing when the 'thank you' letters that the girls have written, or our newsletters, are returned to us!

# ARE YOU A MEMBER OF ONS PLEK PROJECTS?

## Current Membership Register:

In order for our membership to be accessible to everyone, we consider any donations in cash or kind from INDIVIDUALS in the course of the year as sufficient to cover our annual membership subscription. If you have donated and your name is not listed below, please contact **Yolande** at Ons Plek immediately in connection with your membership before the AGM. Members must have signed up as a member at the AGM one month before the AGM.

### MEMBERS ON RECORD:

<b>A:</b>	De Villiers CJ	Hendricks M	Luben A	Pat	Symons P
Acheson KA	De Villiers J	Hennessey K	Luyindula E	Patience E	<b>T:</b>
Adams F	Delit B	Heubert L	Luyindula P	Paul	Tafak
Ahmed S	Dianah	Hey BM	Luyt M	Payne S	Tammy
Allie R	Dore K	Hicks MJ	<b>M:</b>	Pearle A	Tertiens A
Andrea	Dos Santos N	Hilda	Mabandla W	Penny	The Carter Family
Andrews Family	Du Preez JL	Hill J	Mabojikwe Family	Perch E	Charitable Trust
Anisa	Du Preez L	Hill PA	Mapemba MM	Peters L	Thomas C
Ansems I	Dullaart AG	Hofmeyer E	Maragelo K	Petersen G	Thompson T
Archibald J	Dumbutshena R	Hofmeyer L	Maragelo L	Pike M	Thiers L
Ascot K	Duncan C	Hookins D	Margaret	Polderman D	Tia
Asheton-Row S	<b>E:</b>	Hookins G	Marizili O	Polderman R	Todes C
Augustus A	Elebo P	Hookins J	Mbusha T	Popsch V	Tony
Avontuur R	Engel VC	Hudson-Bennett R	Mbwambu V	Potgieter S	Trew E
Azi	Esau S	Hug K	McGrath M	Powers K	<b>U:</b>
<b>B:</b>	Estate Late Lindhardt	Hugo H	McMillan	Prof Wolff	Uchendu C
Baghan S	Ezeibekwe E	<b>I:</b>	Meier M	Protratz A	UCT Students -
Baloyi K	<b>F:</b>	Ichie N	Melson L	<b>R:</b>	Lebogang Group
Barker R	Farrel LJ	Ikhaya N	Mess D	Rabinowitz BP	Unachukwu F
Bassier Family	Ferraz B	Isaacs H	Meyer S	Ramsay S	<b>V:</b>
Bassier L	Filippi MJ	4-Isis	Meys U	Ray M	Van As W
Bauman FH	Fisher R	<b>J:</b>	Minnaar A	Redcliffe Q	Van Biljon PG
Becker G	Fourie L	Jacobs A	Mitchell A	Ries R	Van Eyssen O
Bieri A	Fourie J	Jacobs H	Miford LN	Rodrigues L	Van Der Merwe EJM
Blumenthal A	Freedman R	Jacobs L	Mkhwananzi N	Roesch K	Van Heerden M
Botha SR	Friedman J	Jane	Mlahleki GS	Roger	Van Niekerk C
Bowen CJ	<b>G:</b>	Jean Mari	Moore A	Rogerson J	Van Niekerk E
Bowen J	Gaisford W	Jeanette	Mtunga N	Ronquest-Ross F	Van Niekerk J
Broekman T	Galphie S	Jemie A	Muller BA	Roodboul A	Van Niekerk L
Brown N	Gardener M	Jildspuy	Munro S	Roux A	Van T Hoff E
Brown Y	Gelderbloem U	Jimboy	Murphy B	Roxy	Van Wyk J
Bryan B	Geletedi C	Jossie D	Muter WA	Rozanne	Van Zyl A
Buchholz E	Gilway J	Jourdan N	<b>N:</b>	Rutter K	Velosa J
Buchler J	Gilwan	JP	Nadia	<b>S:</b>	Viljoen L
Buckley J	Glasbergen D	Jusme V	Nel C	Sahara	Visser A
Bush A	Godfrey P	<b>K:</b>	Ngcobo T	Saunders J	<b>W:</b>
<b>C:</b>	Goldenbugs M	Kalula T	Ngubane E	Scello MI	Walker A
Cain V	Goncalves J	Kawitzky R	Ngubane N	Scheepers A	Wandile
Carr C	Goncalves L	Kay	Ngqanga LN	Scheepers K	Wertheimer K
Casalvolone M	Goosen G	Kaye	Nielsen S	Scher T	Williams K
Cecsarini L	Goulden C	Keen J	Nieuwoudt H	Schiff H	Wilson B
Chatz S	Goumeni Family	Kevin	Nieuwoudt L	Schmidt EC	Wilson K
Chowles J	Govender R	Killian	Nivens B	Schwarzenbek L	Windvogel K
Christine	Gowar K	Kimar B	Nizam N	Seana	Winkler Family
Chuks	Gram C	Kingsley O	Nortjie L	Seibert S	Witz L
Chukwyenye E	Graneli	Kipps B	Norval H	Shapiro Y	Wiuunson A
Clarke L	Graner P	Kononia	Nothling SM	Sheena	Wolff M
Cornell C	Grimbeek P	Konstant T	Notwala M	Shevanni	Worthman U
Count and Countess	Grose A	Kruger E	Nthsingila LN	Silverman S	Wright E
Labia	Guyeu JP	<b>L:</b>	<b>O:</b>	Smith T	Wright G
Court R	Guy A.	Labia S	Oberader P	Smuts S	<b>Z:</b>
Covington J	<b>H:</b>	Lambrechts R	Oberauer	Solomon K	Zanola L
Crombach L	Hadjiera	Lanzoni G	O'Connell T	Starbeck A	Zetisky L
<b>D:</b>	Hagens N	Latimer NA	Okafor E	Steenkamp R	Zondi L
Da Costa L	Hakemie L	Lawton A	Okaye O	Strydom K	Zubeida
Da Silva Family	Hammersand T	Lebogang	Okeke M	Strydom P	
Dalemans S	Hammon R	Levitt M	Okoli P	Students of Landslut	
Daniels G	Hannes	Lexi	Olanrewaju A	University (Germany)	
Daniels R	Hardy BA	Linder S	Omrod M	Sullivan N	
De Beer H	Hare E	Lisa	<b>P:</b>	Swaedi P	
De Jager N	Heese SM	Litten S	Painczyk T	Swaedi T	
De Jong M	Heinrich H	Loucatamick J	Parker A	Swano C	





**Pam Jackson**  
Director

# A Brief Description of Ons Plek's Programs

*A summary of the programs is presented for those not familiar with our work. More detailed information on these programs can be found in previous Annual Reports or on our website.*

## Family Reunification Program

Family reunification is one of the core functions of the work at Ons Plek. In some cases it requires months or even years of painstaking work to make a home placement possible. It takes place in our Stabilization and our Long-Term Treatment Program.

### ■ First Stage of Reunification

**24-hour Accessible Early Intervention Stabilization Program. Treatment Residence is Ons Plek**

Up to 15 years ago the first stage of reunification often began with the process of weaning the child off the street. For many years we have also specialised in early intervention to prevent children who are candidates for street life from actually becoming street children. Street girls are still referred to Ons Plek Intake Shelter within hours or a few days of arriving in the Cape Town CBD but the proportion of girls arriving in this way is greatly reduced. This is because over the years we have reduced the number of girls living on the streets of Cape Town to an average of 4 girls. **Every child on the street or at risk of being on the street, is an emergency for us.** The girls may be running away from abuse or neglect at home or be influenced by the wrong friends. Her circumstances are assessed immediately on arrival and then referred to our family preservation or family reunification programs.

### ■ Second Stage of Reunification

**Long-term Treatment. Treatment Residence is Siviwe**

Siviwe, meaning God has heard us, provides the second phase of treatment. Once the girls have weaned themselves from street life at Ons Plek or are more stable, they leave to be accommodated at Siviwe for the next phase of treatment. Separated from the girls at Ons Plek, who are still making the transition to a structured life, girls at the Siviwe shelter can focus more intensively on building their lives. It is our core aim to reunify children with their families.

### ■ Reunification and Preservation Program

Children who have only been away from the family for a day or two weeks, would fall under the preservation program. If the family bonds are still sufficiently intact for the child to return home while the problems are worked on, it is called family preservation. Staff members hold family meetings and family building sessions with families. Our Ukondla Program focuses primarily on preservation (see below).

#### Reunification of Children — Statistics

15	Reunified home
14	Transferred to other long-term care
0	Placed in foster care
7	Refused help and returned home without our blessing. Designated Social Workers were informed.
66	Out of the year's total of 66 children, we had 47 in Stabilization Program and 19 in Long-Term Treatment in care on 31st March 2017

### ■ Home Visits — local and rural

Home visits are important in making family reunification possible. We have done very few long distance visits to the Eastern Cape again due to fewer Eastern Cape children this year.

### ■ Intervention Programs, Life Skills and Skills Training as related to Reunification

A healthy self-image and feeling of belonging and mastery is crucial to the girls' willingness to engage in problem-solving with their families and their communities.

*If reunification fails, the same process enables them to engage constructively in society.*



A range of skills training and development programs are provided while the reunification process proceeds, however long that may take. Every activity we offer has a goal and purpose in the children's lives.

#### ■ **Social and Practical Skills — Household Duties**

On a daily basis the girls do individual cleaning duties as decided by the Child Care Worker. The girls are responsible for making their beds, cleaning the rooms and the house in general, school uniforms are washed and ironed in the afternoon. The girls prepare a weekly shopping list and actively do the shopping as well as cooking the meals for the household.

## Counselling Program

#### ■ **Trauma counselling**

#### ■ **Life Story sessions to root the child in her history**

#### ■ **Family Therapy sessions**

## Social Skills Program

#### ■ **House Meetings**

House meetings take place as determined by household needs. During meetings the girls learn to practice listening skills, respect each other's opinion and share ideas in an accepting and non-judgmental way.

#### ■ **Church/Mosque/Youth Attendance**

Most girls attend the local Methodist Church on Sundays where they interact with the community and experience a sense of inclusion and acceptance.

#### ■ **Cultural and Traditional Activities**

#### ■ **Groups on Relationships, Friendships, Sexual Relationships and Body Care**

The purpose and content of the groups is to educate the girls on positive ways to deal with people in their lives and to gain self-respect. Topics include body change and growth, good relationships/bad relationships, teen pregnancy, contraceptives and HIV/AIDS.

#### ■ **Preparation to Graduate**

CV preparation, job interview, skills, budgeting. Our whole program is preparing children to graduate in that they learn everything they would learn at home re shopping, cooking etc., which is very unusual for a Childrens' Home. Usually Homes have food delivered, they have a cook and dishwasher. The children live in the equivalent of a hotel.

## Education Program

**38 in Informal Bridging School,**

**26 in Formal Schooling and**

**2 in Creche, all run by Ons Plek in-house**

With a higher number of children in the Stabilization Program for 3-6 months there is a higher number in our

Bridging class. Once settled the children return home and attend their own schools better equipped to cope there. Those children who are long-term with us attend formal schooling.

#### ■ **School Assessment and Bridging Program for girls not yet ready to return to school**

Our school runs from Mondays to Thursdays 09:30 to 12:00, with art and other creative programs on Fridays from 08:00 to 12:00. Their education abilities are assessed and they learn to re-adapt to routine and structure and gain confidence in their abilities.

#### ■ **Formal Attendance at Formal Schools**

As soon as possible children attend formal schooling.

#### ■ **Homework Sessions**

The girls at formal schools attend our homework program every afternoon from Mondays to Thursdays.

## Prevention Project

#### ■ **Ukondla Program in Philippi (Browns Farm) Community**

*The highlight of the year has been the enthusiastic participation of the parents in our Parenting meetings.*

In addition to our overall strategy for dealing with girls vulnerable enough to dwell on the streets rather than in their homes, we are running 3 preventative programs in Philippi community to preserve families. As children drop out of school before they drop out of home, a homework support program coupled with counselling to parents and children, helps them stay in school.

At Ukondla 1, 2 and 3 a group of ±24 children at each Ukondla attend homework support, enrichment programs and weekly counselling sessions. The program runs on Mondays to Fridays and is similar to the in-house support program at Ons Plek, **except that the children live in their own homes.**

~~~~~  
*As children drop out of school before they drop out of home, a homework support program, coupled with counselling to parents and children, helps them stay in school.*  
~~~~~

#### ■ **Home Visits**

Staff members regularly visit all the children's family homes, and their parents are now very supportive of the program.

The response to Ukondla's work from teachers, parents and children has been to beg us to open a centre in their schools as Ukondla's children's school performance improves so markedly. **Parenting Course and Domestic Awareness Courses** have reached 86

community members this year. The parents notice the change in their children's behaviour and several have changed their parenting techniques after discussions with our staff who are trained in parenting techniques. The children themselves are enthusiastic about the activities. Several reveal very traumatic stories in their counselling sessions and healing can begin to take place.

A partnership with Sizakuyenza has been fruitful where we have two venues on their property.

#### ■ **Holiday Program for residences and Philippi**

As with all other programs at Ons Plek, the Holiday Program's aim is to include preparing the girls for life in their homes and communities, and to give them opportunities for development — intellectually, socially and emotionally. The aim is never to lure them away from the streets with elaborate treats. This would be counter-productive, maintaining the pattern of alternating over-excitement and apathy which can trap children in street life.

Most vacation days at Ons Plek are spent at home — playing games, doing puzzles, playing “poppie huis”, chatting, walking to the local park, and just being children. Education visits such as museum, art gallery, Jewish Museum.

#### **Prevention Project — Statistics**

<b>73</b>	<b>Total children</b>
194	Home visits
100	School visits
128	Counselling sessions
7	New children this year
4	Children discharged

### **Volunteer Program for Residences and Philippi**

#### ■ **Recruitment, Orientation, Supervision**

This year we continued to make intensive use of local and international volunteers (4) and student interns (6) who work part-time or full-time for Ons Plek for periods ranging between 3 and 10 months. They provided a range of activities, including computer skills training, reading, art, drama, education, leadership training, swimming and baking. As we had many girls in formal and bridging school this year, the volunteers had to work hard at supporting the girls in these programs.

## **Corporate Social Responsibility**

#### **Tax Deductible Benefits:**

We are registered as a Public Benefit Organisation and thus all donations to us are tax deductible under Section 18A of the Income Tax Act.

#### **Pay less estate duty:**

Being a Section 18A Tax Benefit company means that your family will save from payment of estate duties.

*Combined creative effort*



*Fun times!*



*Playing together outside ...*



# Ons Plek ❀ Siviwe ❀ Ukondla

## Ons Plek Projects consist of:

- \* **Ons Plek**, an intake shelter for girls doing comprehensive assessment and development care with reunification as a priority.
- \* **Siviwe**, a second-phase shelter for girls focusing on therapeutic and developmental children's home with reunification as a priority.
- \* **Ukondla**, a community project with prevention as a priority run at three venues in Philippi for boys and girls at risk of becoming street children.

## ~ Mission Statement ~

**Ons Plek Projects has a simple and passionate mission:**

**To make a substantive improvement in the lives of female street children and to prevent children at risk of becoming street children from doing so.**

Ons Plek Projects provides places where children find opportunities to build their lives and their self-esteem. Places where a sense of belonging helps them to take responsibility for themselves and for others.

The preparation for the future lives of each child takes into account the innate potential of the individual within the realities of her life circumstances.

These realities are mirrored in all aspects of our projects which enables us to model coping mechanisms; children participate fully in decisions about their lives; residential staff members share the lives of the girls; office staff members make do in cramped quarters with only the essentials for the job; and our community projects model how a lot can be done by dedicated staff members with few resources.

***Ons Plek is not an escape — it is a real home in a rough life***

## Ons Plek's Vision ...

*That female street children will be successfully re-united with their families and that failing that, they will be sufficiently empowered at Ons Plek Projects to grow into healthy, independent functioning members of society.*

*The children at risk of becoming street children will use our interventions to keep them as constructive members of society.*

*That children living in communities with their parents who are at risk of becoming street children will be enabled to remain in school and with their families.*

### Key Information with regard to the Work, and the Context of the Work, of Ons Plek Projects

- Ons Plek is the only comprehensive program for girls on the streets in the Unicity of Cape Town.
- Our intake shelter is situated in the CBD of Cape Town, because it is central and is where children and youth run to for relative safety if city security systems allow them.
- The sources of the children's problems are not easily solved – deepening poverty, abuse, lack of affordable safe housing, unemployment, crime, family instability, alcohol abuse, family violence, etc.
- Girls come or are referred to us from different areas. Some girls roam around their home community with inappropriate friends, often hanging around cheap local liquor and entertainment centres, before seeking help further afield.
- Girls who seek help are often teenagers, but also younger girls, sometimes girls with babies.
- Children tend to cope with an inordinate amount of trauma before leaving their home environments. These psychological scars may take a long time to heal for many of the girls.
- Those girls who find it the most difficult to reintegrate with mainstream society are often also living with learning difficulties and even severe mental health problems.
- Unaccompanied foreign minors are very vulnerable, and are ending up in the 'street children' sector.
- Ons Plek works with an average – 100 to 150 girls per year.
- Our community based prevention programs successfully keep 'at risk' children from running to the streets. They provide a support structure in community for children from the shelters when re-unified with their families.
- The work of our three main facilities is all interlinked. The three programs integrate to form a whole.





UKONDLA:  
fun ...  
activities ...  
and some  
homework!



**WE ACKNOWLEDGE WITH GRATITUDE THE VALUABLE  
SUPPORT OF OUR MAJOR DONORS:**

APHEDA  
CLYDE & CO.

COMMUNITY CHEST

DAVIS MEMORIAL PRESBYTERIAN CHURCH – USA

DEPARTMENT OF SOCIAL DEVELOPMENT PROVINCIAL ADMINISTRATION  
– Western Cape

EMBASSY OF JAPAN

GLOBAL DIVISION OF OVERSEAS MINISTRIES

R & N MASTER BUILDERS (Cape)(Pty) Ltd

SOUTH AFRICAN ASSOCIATION OF HONG KONG

STICHTING STRAATMEIDEN KAAPSTAD

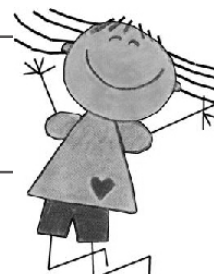
STREETSMART

UNITED METHODIST WOMENS' DIVISION





# Our Wish List ...



## FINANCIAL DONATIONS FOR:

- Transport costs for the girls for school (bus/train tickets) AND for educational outing/camps.
- Medical expenses e.g. eye tests and de-worming for the girls.
- Ukondla photocopy costs of educational exercises (cheaper than buying books for each — only need certain pages from each book depending on child's abilities).
- Mats, carpet, plastic chairs, 20 lap desks for Ukondla (please contact us first).
- Kettles and irons.
- Workbooks and educational books for bridging school (list available).
- Washing line and poles for Siviwe (please contact us first).

**TOILETRIES:** Deodorant - **roll-on**, body lotion, shampoo and conditioner, toilet paper, Vaseline, hair straightener (**must be mild**), black shoe polish, shoe brush, Nitagon lice shampoo (clinics don't supply this), sanitary towels (pads), flannel nappies.

**SCHOOL CLOTHES:** School tracksuits, grey pants/skirts, white shirts, jerseys (school colours).

**UNDERWEAR (Brand New Please!):** Panties and bras for young girls aged 5-18 years.

**STATIONERY:** White photocopy paper, A4 coloured project paper, plastic sleeves, Flip files, A4 hard cover books (288 & 192 pgs), scientific calculators, project board, examination pads, Ponal wood glue.

**School Stationery:** Pritt glue (40g), pencil bags, ballpoint pens (black, blue and red), homework diaries, Oxford dictionaries (English ONLY).

**FIRST AID KITS:** Panado, cough syrup, flu packs, plasters, bandages.

## SPORTS EQUIPMENT:

Soccer: balls, goal posts, gloves, boots (ages 8-18 years)

Netball: balls, ring

Volleyball and Basketball: balls, ring and net set

Tennis: balls, rackets, net

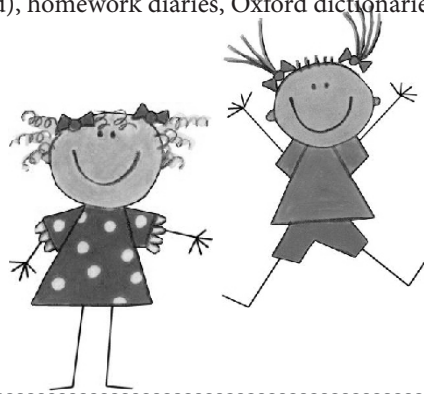
Hockey: balls, boots, sticks, goal posts, protective hear

Cricket: ball, bats, sets, gloves, guards, helmets, protective hear

General: games like chess, hoola hoops, skipping ropes

## ADDITIONAL ITEMS:

- |   |                    |                                       |
|---|--------------------|---------------------------------------|
| * Saucepans                             | * Mops and brooms  | * DVD/CD player                       |
| * Plastic cups, plates and bowls        | * Forks and spoons | * Dustbin (large plastic) for kitchen |
| * Globes — energy saving/rechargeables  |                    | * Wool for girls' knitting lessons    |
| * Plastic chairs (sturdy catering type) |                    | * Knitting pens and crochet needles   |



## ACKNOWLEDGEMENTS:

**Salty Print** (021 448-5620) for printing. **Wendy Wilkinson** (The Write Setting 021 850-0684) for typesetting Newsletters and AGM Reports.

Please cut along the dotted line and forward completed Nomination Form to Ons Plek Projects by **4th September 2017**



## NOMINATIONS FOR ONS PLEK PROJECTS' BOARD

I, ..... hereby propose .....

for the Board of Ons Plek Projects for the ..... term of office.

Seconded by .....

I, ..... hereby accept the above proposal.

Signed .....

Date .....